







# **Glade Run Adventures**

## Personalized Outdoor Experiences

Glade Run Adventures offers fun, therapeutic experiences for individuals with mental and/or physical challenges, including autism. Tailored to individual goals, participants of all ages can enjoy and benefit from these unique interactive animal, horticulture and sensory park experiences.

All staff who instruct therapeutic riding are trained through certifying organizations in horseback riding and have a minimum of 15 years of horsemanship experience.







#### **Therapeutic Riding Lessons**

Participate in horseback riding designed to meet your needs! Balance, coordination and muscle control are just a few of the numerous physical benefits of riding which go hand in hand with the numerous social and emotional benefits! Trained staff will pair you to the right horse and create lessons designed to meet goals that you set. Lessons may take place in our indoor arena, covered outdoor arena, or on trail.

#### Six Week Session —

Lessons are scheduled in convenient six week sessions, riding one hour per week.

Private Session - \$270

Semi-Private Session (2 riders) - \$210/rider Group Lesson Session (3 riders) - \$180/rider

#### Single Lesson -

Single lessons can be scheduled to explore rider interest or to extend sessions.

\$45/hr./person

#### **Group Adventures Packages**

**Family Package** — Enjoy some therapeutic fun as a family! Parents, siblings and even extended family can participate in the wide array of activities offered at Adventures; our staff will help to design a one hour experience to meet everyone's needs. Go for a relaxing trail ride as a family, groom and lead our small animals and develop some skills to take home.

\$100/hr.

School & Support Package — Special needs classrooms, support groups, treatment facilities, or any group of up to ten participants who are looking to experience the therapeutic benefits of working with animals, plants, or riding horses can enjoy a tailor made 1.5 hour experience in Adventures.

\$150/1 hr.

### **Extended School Year (ESY)**

The experiential education activities provided through the Adventures ESY are uniquely tailored to engage students in the learning process, not only prohibiting skill regression but enhancing social skill development. Adventures ESY is specially designed for students ages 8-18 with social and communication challenges such as Autism, including PDD and speech and language impairments, as well as for students with emotional/behavioral challenges, including ADHD, ODD, and severe anxiety and depression.

M-Th., July 10-27, 2017 9am-1:30pm \$3,500/student

### Volunteer Opportunities

If you have a passion for animals and nature, Glade Run Adventures may be the perfect fit for you. Training sessions will teach you how to care for our gardens as well as the animals that reside at Glade Run. Adult volunteers may share this experience with their children, age 8 and up and children age 12 and up may participate without parental supervision. Individual, family and group opportunities available.

Apply online at: http://gladerun.org/volunteer-application



Sign up for your adventure today!









